

**Workshop by
Saskia Hélène Menting**

Pigments fresco painting

26 April - 1 May 2024

Cascina Rodiani

green hospitality

Via Parco Solare, 251, 22041

Colverde / fraz. Drezzo, CO, Italy

**A five-day workshop to
discover the secrets of a
sophisticated and
fascinating painting
technique: fresco painting.**

**The workshop is open to all levels
of experience.**

Info and booking:

info@cascinarodiani.com

Workshop fees: €400 (materials included)

Room and board: €500 (double room),

€800 (single room).



Pigments fresco painting workshop on the fresco painting technique

An opportunity to discover the ancient atmosphere of the “Botteghe d’Arte” of the Middle Ages and the Renaissance.

Held by Saskia Hélène Menting

from the 26th April to the 1st of May 2024

Cascina Rodiani - green hospitality

Via Parco Solare, 251, 22041, Colverde / fraz. Drezzo, CO, Italy

A five-day workshop to get closer to the secrets of a sophisticated and fascinating painting technique: fresco painting.

A workshop on fresco painting in Italy is a wonderful opportunity. A very special book will accompany us during the theoretical part: “Il Libro d’Arte” by the Florentine painter Cennino Cennini (1370 - 1427). It is the first art book that deals with various techniques in depth. Written in ancient Italian (and translated in more than ten languages), it describes the knowledge of pigments, the production of tools, techniques of oil painting, fresco painting and miniatures. It also offers advice and secrets from the “Botteghe d’Arte” of medieval Florence.

In “our Bottega d’Arte” we will make pigments, get to know their history and experiment with them. In the afternoon, all participants devote themselves to creating a personal fresco that they can take home at the end of the course. Previous knowledge is not required; it is enough to be curious and enthusiastic to make a new encounter with an old technique.



Where: Cascina Rodiani - green hospitality

Info and booking: info@cascinarodiani.com



Times: 10:00-12:00 e 14:00-17:00

Cost of workshop (materials included) €400

Full board stay (drinks not included) €500/p double room,

€800 single room

Pigments Fresco Painting

workshop programme

Day 1 - 10:00-12:00, 14:00-17:00

morning: Introductory lesson on pigments - preparation of binders (arabica gum and egg tempera)

afternoon: introductory lesson on the fresco painting technique - preparation of the template for tracing (rough)

Day 2 - 10:00-12:00, 14:00-17:00

morning: Creating colour tables: blacks and whites

afternoon: Preparation of the rough lime plaster - first tracing with the pigment bag - preparation of the template for detailed tracing

Day 3 - 10:00-12:00, 14:00-17:00

morning: Creating colour tables: blues and greens

afternoon: Preparation of the fine marble plaster - first tracing with the pigment bag – Painting with pigments on fresh plaster (first day's work)

Day 4 - 10:00-12:00, 14:00-17:00

morning: Creating colour tables: yellows and earth tones

afternoon: Preparation of the fine marble plaster - tracing with the pigment bag – Painting with pigments on the fresh plaster (second day's work)

Day 5 - 10:00-12:00, 14:00-17:00

morning: Creating colour tables: reds and purples

afternoon: Finishing touch of the fresco- painting using the secco technique

Saskia Hélène Menting

(languages: Dutch, Italian, German, French, English)

Saskia, born in Holland, spent her childhood and study time in Switzerland. Her passion for art led her to Italy, which became her adopted home, where she now works as a visual arts teacher at an international school. She also collaborates with Art academies, museums and libraries, holding workshops . Colours, in all their tones and shades, are important in Saskia's life; be it in nature, in a painting or with a good meal. The basic substance of every available colour is pigment powder. Each pigment has a name and a fascinating story...



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